

## RELIEF SUPPLIES NEEDED FOR HAITI

### Medical supplies

Triple antibiotic ointment  
Telfa pads (non stick pads)  
Gauze pads and gauze rolls  
Tape  
Cotton balls  
Gloves  
Hydrogen peroxide  
Ibuprofen and Tylenol (adult and children)  
Benadryl  
Antibiotics for children and adults  
I.V. solutions  
Catheters  
Antiseptic wipes (Germex)

### Bedding/Toiletries

Army cots  
Tents  
Hand soap  
Powdered detergent  
Small battery radios  
Flashlights  
Batteries (all sizes)  
Beds and mattresses  
Sheets and pillow cases  
Bed Pillows  
Blankets  
Towels

### Food

Dry foods, rice and beans  
Canned meats  
Cooking oil  
Canned vegetables  
Bottled water  
Gatorade  
Powdered milk  
Powdered juice  
Sugar  
Spaghetti  
Tomato paste

### Cooking Supplies

Cooking pots (3 qt....heavy duty)  
Paper plates  
Paper cups (hot and cold)  
Plastic utensils  
Metal drinking cups and plates  
Plastic pitchers  
Trays

### Building Supplies

Lumber:  
2x4x16  
2x6x16  
2x8x16  
2x10x16  
  
Plywood 1/2" and 3/4"  
12' metal tin for roofing  
Cement

### Construction material, etc

Generators  
Extra cords heavy duty  
Electric jack hammers  
Step ladders 8-10 ft.  
Nails #12 #16  
Cement mixer  
Block machine  
Light fixtures - porcelain base light fixtures  
PVC cleaner and adhesive  
PVC pipe - 3/4, 1/2 in. and fittings  
Picks  
Sledge hammers  
Wheelbarrows - solid tires, if possible  
Locks, wiring #12 roll  
Black tape  
Wiring nuts  
Welding rods - 1/8 "